



Summer Farmers' Market Camps

Program Overview

Our Summer Farmers' Market Camp is a hands-on, experiential program where campers explore gardening, cooking, entrepreneurship, and teamwork in a supportive, engaging environment. Campers rotate through three learning spaces: the community dining room (transformed into our camp classroom), the community kitchen, and the Nourish Patch Learning Garden at Maple Tree Community Garden.

Over the course of two weeks, campers will:

- Grow and harvest ingredients from the learning garden
- Create handmade goods and fresh food products
- Practice cooking and baking skills in a real kitchen environment
- Learn foundational business concepts such as pricing, budgeting, marketing, and teamwork
- Design branding and signage to promote their products

Proceeds from the Kid-Run Farmers' Market support the Nourish House Food Bank, helping campers connect their work to a meaningful community impact!

705-432-2444 | info@tndf.ca | www.tndf.ca/foodlit

Sample Schedule



9:30 AM - 9:45 AM

Arrival & Welcome: Campers sign in, settle into the space, and ease into the day with free play, quiet activities, or connection time with peers. Staff provide a brief overview of the day's plan and highlight upcoming projects.

9:45 AM - 10:30 AM

Market Prep & Creative Projects: Campers work in small teams on developing products for the market. This may include creating recipes, designing packaging, making signs, brainstorming branding, and learning basic pricing and budgeting concepts.

10:30 AM - 12:00 PM

Nourish Patch Learning Garden: Campers visit the community garden to plant, water, weed, and harvest fresh ingredients. They enjoy hands-on learning about plants and ecosystems, along with outdoor games, nature crafts, and fun cooperative play.

12:00 PM - 12:30 PM

Lunch & Free Play

12:30 PM - 2:30 PM

Community Kitchen Time: Using garden-grown ingredients when available, campers prepare recipes, practice kitchen skills (measuring, mixing, food safety), and create items that may be sold at the market.

2:30 PM - 2:45 PM

Clean-Up & Reflection: Campers work together to clean and organize their spaces, reinforcing responsibility and teamwork. The group reflects on the day's accomplishments, shares highlights, and prepares for the next session.

2:45 PM - 3:00 PM

Pick-Up Window