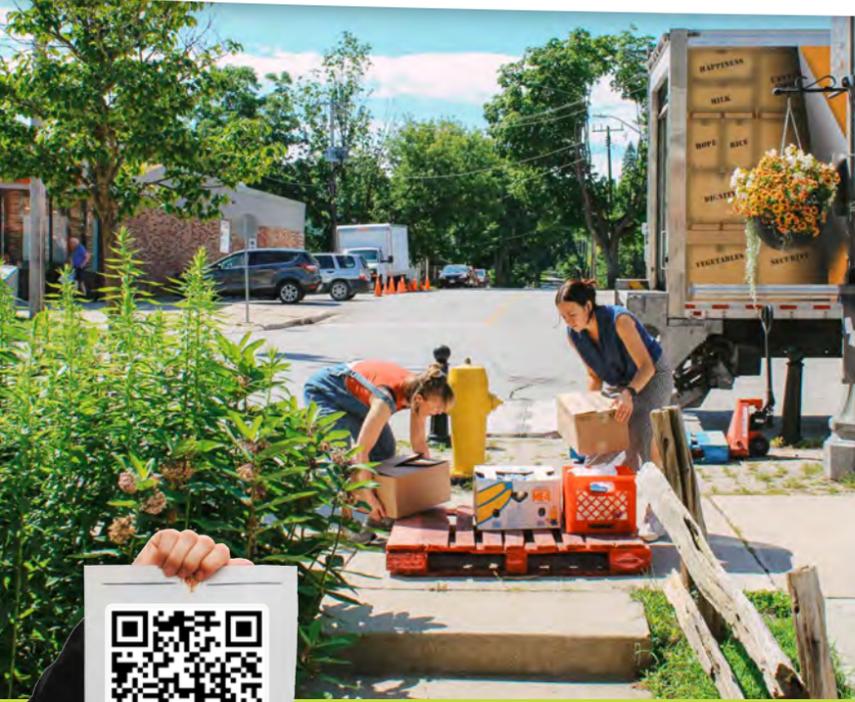


# 2024 Annual Report



The Nourish and Develop Foundation (TNDF) is a non-profit based in Cannington, ON, serving Brock Township and nearby communities since 2008. Through our Food and Social Services programs—including a non-traditional food bank, Mobile Food Market, Community Kitchen, and Social Services Hub—we connect people to nourishing food and supportive resources.



Nourish House Food Bank was accessed **3,989** times



**35%** of our food bank clients were first time visitors

**586**

individuals were served at Nourish House Food Bank

244 adults

342 children

Sign up for our newsletter to receive updates directly to your inbox!



Coming to TNDF is helping me be who I am and feel like my true self after my recent transition. There are no words to describe the warmth and love at TNDF. My fridge is full, which has never been the case before, and I'm very grateful for that. I'm grateful that they accept me for who I am.



## ROOTING FOR CHANGE

### 2024 Year In Review

2024 was a year of focus, intention, and meaningful growth at TNDF. We made important shifts to strengthen our foundation—refining our programs and investing in the areas where we create the greatest impact. We leaned into our strengths, and made real progress toward our strategic priorities: becoming a more proactive and sustainable organization, fostering a thriving and resilient team, and deepening our connections across the community.

These changes have left TNDF stronger than ever. But we didn't get here alone.

Everything we accomplished this year was made possible by the generosity of our supporters—those who gave time, resources, energy, and trust. Your support helped us stay grounded in what matters most while creating room for change to take root.

As we look ahead, we know there's more to do. With your continued partnership, we can keep building a thriving community where everyone is food secure and well supported.



*Jessica Topfer*  
Jessica Topfer | Executive Director

**2,847**

Mobile Food Market customers



**4,790**

meals served at Community Lunch



**567.5**

hours of face-to-face support with 13 social service providers



**2,004**

prepared meals distributed through our food bank



**19**

new volunteers joined the team

**2,221**

volunteer hours completed



### Want to help your community?

Scan the QR code or visit [www.tndf.ca/donate](http://www.tndf.ca/donate) to make a real difference for your neighbours today and tomorrow.