



# GARDEN VOLUNTEER

## Volunteer Position Posting

### ABOUT US

The Nourish and Develop Foundation (TNDF) is a non-profit organization located in Cannington, Ontario. We connect people to nourishing food and supportive resources, empowering the community to come together to develop lasting change. Through our 2 branches of service – Food Services and Social Services – we offer a variety of programs to the whole community.

TNDF manages various green spaces in Cannington. Maple Tree Community Garden (MTCG) aims to provide an inclusive space that promotes environmental stewardship, as well as opportunities for self-sufficiency. TNDF's native gardens help to beautify our spaces, as well as promote biodiversity and provide an interactive educational opportunity to the community. Garden volunteers support with the maintenance of these spaces and are supervised by the Food Services Director. Cannington Commons Farms volunteers support with the maintenance, care & harvest of crops that in turn supply our Mobile Food Market and Food Bank with fresh local produce.

### LOCATION

Various TNDF facilities located within Cannington.

### AVAILABLE SHIFTS

When completing your volunteer application, please specify which positions are of interest to you:

- MTCG
  - Garden maintenance - 4 hours in April for opening garden tasks; 4 hours in November for closing garden tasks; 2-hour weekly commitment from May -October
- TNDF
  - Gardens maintenance - 2-hour weekly commitment from May-October

## KEY RESPONSIBILITIES & DUTIES

Tasks vary depending on the shift & position. Training will be provided. Tasks may include, but are not limited to:

- Planting, seeding, watering, weeding, mulching, composting, picking, packaging, pruning, processing, pest & disease control
- Harvesting at Commons Farm or MTCG Community Plot
- Gleaning (harvesting leftovers) at Farm
- Seed saving
- Fruit tree and shrub care – e.g. pruning (including winter pruning), mulching, pest & disease control
- Creating a safe, inclusive, and welcoming environment for all
- Performing other related errands and duties as required

## QUALIFICATIONS

Garden volunteers must be able to:

- Safely use garden tools
- Lift 50lbs - e.g. soil or compost bag
- Stand/bend for the duration of the shift and sustain repetitive physical movements
- Adhere to required Health & Safety procedures – e.g. wearing gloves, proper clothing, footwear & protective eyewear as needed
- Effectively communicate and work collaboratively in a team with a positive attitude
- Follow instructions from supervisors and proactively seek clarification when necessary

It is considered an asset if interested volunteers also have:

- Gardening experience
- Interest in gardening & farming

## OTHER REQUIREMENTS

Preference will be given to individuals looking to commit to 3 months or more. A Vulnerable Sector Check may be required for this role.

## HOW TO APPLY

To apply for a volunteer position, your options are:

- Complete a Volunteer Application form online by [clicking here](#), or
- [Download a PDF copy of the Volunteer Application](#), complete it, and email it to Jenn at [jennifer.barnes@tndf.ca](mailto:jennifer.barnes@tndf.ca), or
- Drop off your application in person at 16 York St, Cannington, Monday – Friday 9AM – 4PM

If you have any questions or concerns about our Volunteer Program, please contact Jenn at [jennifer.barnes@tndf.ca](mailto:jennifer.barnes@tndf.ca) or 705-432-2444.