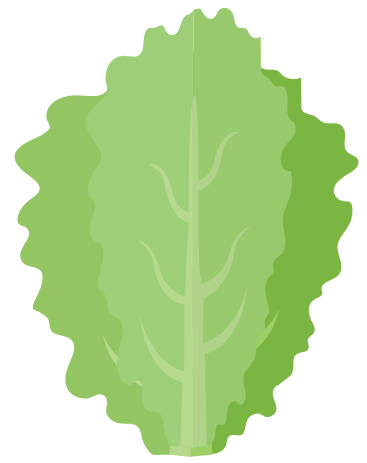


# Leafy Greens

As we experience the hottest days of the summer, spinach and other leafy greens in your garden are also feeling the heat! You may see your leafy green starting to bolt! This means they will shoot upwards and start to flower.



## To harvest the seeds:

1. Hold off on pulling your bolted greens.
2. Allow the plant to turn completely yellow and dry out.
3. Then take the flower heads off and separate out the seeds onto a paper or bowl.
4. Once the seeds are left to dry for a couple of days, store in an airtight container.  
Next spring, they will be ready to plant again for a bountiful crop of spinach!

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To learn more about saving seeds, visit: [https://tndf.ca/seedlibrary\\_communitygarden](https://tndf.ca/seedlibrary_communitygarden)

If you have any extra seeds, we would love to use them to help our community grow. Our Seed Library allows community members to access seeds for FREE and can be found in any of the Brock Township Public Library branches (<https://brocklibraries.ca/hours-and-locations/>).