

table

talks

Join us at the table!



A Taste of Lavender

with Mila from

<http://www.lavender-blu.com>

When: Tuesday January 20th @ 6:30

Where: The Nourish & Develop Foundation

What: A Mediterranean herb, lavender

blends well with our other traditional herbs from the same family such as rosemary, mint and thyme. Mila from Lavender-Blu will introduce us to its culinary flare.

Next Table Talks: Tuesday February 17th Seed Starting!



Table Talks is a collaborative partnership with Durham Integrated Growers (DIG), North House and The Nourish and Develop Foundation (TNDF). The Talks centre around food-related topics of importance to our community. Follow the Nourish & Develop Foundation on Facebook for updates. For more information, contact Kim at 705 432 2444 or kim@tndf.ca.